



Mount Colah Public School

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Website: www.mtcolah-p.schools.nsw.edu.au

Email: mtcolah-p.school@det.nsw.edu.au

NEWSLETTER

Week 9, Term 4 – 11 December, 2018

Wednesday 12 December

- Year 6 Camp

Monday 17 December

- Year 6 Farewell and Class Christmas Parties

Wednesday 19 December

- Term 4 ends

Wednesday 30 January

- Term 1 begins for years 1-6

Monday 4 February

- Kindergarten commences

Wednesday 6 February

- Swimming carnival

**** PLEASE NOTE THE FOLLOWING FOR PAYMENTS ****

SCHOOL = ONLINE THROUGH THE SCHOOL WEBSITE or E-NEWS APP – WE DO NOT ACCEPT CASH OR CHEQUES

P&C (canteen, uniform shop, fundraising etc) = QKR! App

PLEASE DO NOT MAKE PAYMENTS FOR P & C ACTIVITIES VIA THE SCHOOL'S ONLINE PAYMENT PORTAL. PLEASE USE QKR!

UNIFORM SHOP OPEN TOMORROW - 12 DECEMBER @ 8.45AM – 9.15AM

These Merit Awards will be presented at Assembly on WEDNESDAY 12 DECEMBER 2018 at 12.30 pm in the School Hall

PLEASE NOTE THERE WILL BE NO YEAR 6 AWARDS THIS WEEK DUE TO CAMP

PRINCIPALS AWARDS: Madeleine F, Lola L, Amy M, Konnor B, Lily H, Alyssa T, Georgia B

MINI MERIT AWARDS: Mason K, Oleg H, Luka R, Casimira V, Rocco G, Sophie T, Jack T, Zoe S, Jasmine C, Ryan L, Jade C, Annika J, Amara N, Chris H, Oliver Q, Emily H, Noah B, Miabelle A, Alexander B, Lachlan L, Zian X, Sienna W, Ashille B, Rhys M, Grace B, Ivy-Jean P, Masooma V, Jessica D, Jamie P, Amy G, Henry T, Radin A, Henry K, Emily S, Paige S, Elijah A, Julian d, Mitchell H, Ben M, Ihaka W

NOTES HOME LAST WEEK

Year/Stage	Note
Year 2	Class parties

GROUND MAINTENANCE ROSTER FOR 17th February 2019 – Class KR – 9am – 11am

Team Leader: TBA

Families: VERGARA DI PALMA BOTTEMANNE ZHEN FERGURSON CARNE THOMASSON IOKA
TAYLOR DUNN GREGORY HUNTER

Please note: Access for garden maintenance only available through the Telopea Street entrance.



FROM THE PRINCIPAL

Let All Your Days be merry and bright

I have heard so many people talking about how many things they need to get done before Christmas and what a busy time of year this is. Many people are looking forward to family gatherings and the looks of delight on children as they open their presents on Christmas morning.

On the other hand, I have heard people say "I hate Christmas, I can't wait for it to be over so I can just get on with things". The reality is that Christmas is not a universally happy time for everyone. Many different situations and circumstances mean that Christmas is not the joyful season for many people. We should spare a thought for those families who are facing the first Christmas without a loved one who may have passed away through the year. We should spare a thought for the families where separation or divorce means that this Christmas someone will be spending Christmas away from their children and the children not having one parent present. We should spare a thought for those who work on Christmas Day in emergency services that we all expect should be available if the need arises.

The Black Dog Institute reports that one in four Australians reports being lonely and that this is heightened at Christmas time. People also feel anxiety about social situations especially at Christmas time. Swinburne University's Michelle Lim says that people should focus on the quality of relationships they already have. "Quality is more important than quantity" Say Lim "Strengthening existing relationships and building connectedness is important"

Judy Chan from Wesley Hospital in Sydney says "" Don't overthink or catastrophize situations, avoid taking on too much responsibility, don't aim for perfection, find a confidant and ask for help when it is needed". Spare a thought for those who can't reach out to you. Lending them a hand may be the best gift you can give.

Book Packs

A reminder that the free delivery period for book packs ends soon on December 16th.

www.officemaxschools.com.au/NSW/Mount-Colah/Mount-Colah-Public-School

External Therapists

In the past we have encouraged families to have their child's therapist come to the school to provide the therapy service. This was done to save time out of school and travel to external providers' locations. While we welcome external therapy providers, they must check with the school that the time proposed is suitable. We have limited spaces for therapists to work, there are days that are in high demand, and no spaces are available. Visiting therapists should negotiate the appointment time in advance with the school (not the parent) to see if the time is suitable. All visiting therapists must call at the school office, sign in, and receive the schools WHS induction package. Therapists must also sign out at the conclusion of the visit.

Dr John Paterson

Principal

STUDENT ACHIEVEMENTS

On Saturday 8th December Jude B became a black belt in Shotokan Karate.

He has been practising karate for 4 1/2 years. The grading to become a black belt was 24 hours in duration, with only a few hours' sleep!

Way to go Jude!



Mount Colah Public School, Mount Colah, NSW

19 Telopea St, Mount Colah, NSW, 2079



2019 Requirements List
Your Access Key: 3RR5R

Please order at OfficeMaxSchools.com.au

OfficeMax has been working with schools for over 40 years and we love Back to School. We want you to have a strong start to the new school year, which is why we have worked with your school so you can order everything from your requirements list with us. We make Back to School hassle free.

HOW TO ORDER

Ordering is fast, secure and convenient, just visit OfficeMaxSchools.com.au and follow these easy steps:

1. Search for your school Mount Colah Public School, Mount Colah, NSW and enter your school access key 3RR5R if required.
2. Complete the student's details and select the appropriate year.
3. Review your requirements list and make changes (if required).
Please note: some list items have been denoted by your school as a requisite for the subject or year.
4. If you need additional items, top up from our Back to School special range, and checkout.
Please note: For home deliveries only, if you have more than one student at the same school repeat above steps.

Once completed, an order confirmation will be sent to your email address.

Please note: Any technology items you order will be sent separately to the rest of your items.

ORDER DEADLINES and DELIVERY INFORMATION

Home Delivery:

Your order will be delivered to your nominated address.

- Orders placed on or before 2nd December 2018 will be delivered free of charge before the end of December 2018
- Orders placed between 3rd December 2018 and 16th December 2018 will be delivered free of charge before the start of Term 1 2019
- Orders placed between 17th December 2018 and 31st December 2018 will incur a delivery fee of \$12.95, and be delivered before the start of Term 1 2019
- Orders placed after 31st December 2018 will incur a delivery fee of \$12.95 and cannot be guaranteed before the start of Term 1, 2019

Australia Post - Orders are delivered via Australia Post's eParcel service. As soon as your order is dispatched an email will be sent to let you know the Australia Post tracking ID Number. Your order can be tracked at auspost.com.au.

Note: PO Box addresses are not accepted by Australia Post.

Payment Methods Accepted



HAVE A QUESTION?

If you need help placing your order, returns or refunds, delivery information or have a general enquiry, please visit OfficeMaxSchools.com.au/help

To view our full terms and conditions regarding your order, please visit our OfficeMaxSchools.com.au/terms

LIBRARY NEWS

Just a reminder that borrowing for the year has come to an end, and our main focus is on getting back any outstanding borrowings. If your child receives a reminder/invoice I ask that you thoroughly check around the house, through school bags, etc. in case the missing book has been misplaced.

If you are unable to locate the book, and have been issued a reminder/invoice, please just write on the original reminder that you are unable to locate the book, believe your child does not have such a book, or pay the replacement cost as per stated invoice.

If you wish to discuss any aspect related to the borrowing please contact me in the school library by phone, email or in person, before or after school. Mrs Lee, the Library monitors, and I will be checking the shelves for all missing items over the coming weeks leading to the end of the school year.

I would also like to take the opportunity to thank Rox Subramany for her invaluable assistance in covering our recently acquired materials. This process is labour intensive and so valuable in protecting the material over its time in the library system. Her work has been greatly appreciated by Mrs Lee and myself. Thank you.

Rimas Milasas

Librarian

LEAGUE TAGGE FINALS DAY

Last Thursday, 6th December the Mount Colah Senior Girls and Boys teams travelled to Dural Park to play-off in the North Sydney League Tag Finals Day. Their opposition were the winners of other area competitions held around the vast North Sydney Region.

Both teams were unfortunately beaten in their respective pools, but had one final chance in the semi-final round:- 1st vs. 4th. The boy's team came across a very slick opposition, and that ended their campaign. The girl's team faced Lane Cove West and contested to a fitting 1-all draw. Unfortunately, in the case of a draw, first team to score progresses to the Grand Final, and we were the second to score. Again, so close!!

I can only praise the attitude, both on and off the field, of both teams. Their behaviour, their efforts, their sportsmanship were exemplary. It was a privilege to work with these students, and see them do their utmost to succeed in a most positive manner.

I would like to thank all the parents who were able to assist with transport, and especially Mr Kurt Thompson, who took over as supervisor/coach of the girl's teams, as boys & girls game times clashed. His assistance was invaluable.

Girls: Liv D, Parnian T, Saskia J, Ella S, Vicky G, Emma Y, Imogen M, Rebecca F, Layla W, Kiara G, Johanna T, Aaliyah K.

Boys: Lucas R, Issac P, Saxon P, Cameron T, Max G, Fraser R, Angus P, Benn C, Nathan S, Charlie P

Rimas Milasas

BASC NEWS

We had a great night on Friday at the BASC to the Future Christmas Party and the band was awesome. Thank you to all the families that attended and helped us with the packing away of the hall. A big thank you to the staff for the props, setting up and packing away, and last but not least I would like to take this opportunity to thank our Management Committee for their continued support throughout the year.

As you have been notified via email on Friday 7/12/18 as part of a government requirement we will be having Electronic Sign In (ESI) and out for the children at the service. Please make sure that you have logged on to HubHello and updated your mobile number to be able to access the ESI. For more information regarding this please see the service Director Sahar.

All scratch and support fundraising cards and money are due back by Monday 17/12/18. We appreciate the support families have given us throughout the year and look forward to 2019.

Last day of service operation will be Wednesday 19/12/18 and first day back will be Monday 07/01/19 for vacation care.

Sahar Khorrami

Director/Nominated Supervisor

Mount Colah After School Care Association Inc



P&C – exec@mcpsPandC.asn.au

This year has flown by so quick for the P&C, & I personally cannot thank my executives enough. We have had a large learning curve & have tried to implement some positive & fun ideas to make our school community one to be proud of. We look forward to bringing you more & more fun & interesting events next year.

Alison Scott-Branagan

CANTEEN – canteen@mcpsPandC.asn.au

The 2019 roster is up in the canteen. If you are still able to help the canteen, please place your details against your available day. Why not get your friends together and make a fun day of it!

Canteen days MONDAY – WEDNESDAY - FRIDAY

The last day of canteen for 2018 will be Friday 14th December

A big thank you to our wonderful volunteers:

TERM 4 – Week 9	LAST WEEK OF OPERATION FOR 2018
Wednesday 12th	Renae W, Elenora W and Cassie P
Friday 14th	Megan P, Liping X and Judi/Lisa

UNIFORM SHOP – uniformshop@mcpsPandC.asn.au

All Qkr! orders are now delivered on a Wednesday. Qkr! cut off is 11pm Tuesday night.

Last day of Qkr! orders for 2018 will be TONIGHT 11th December.

SCHOOL BANKING – banking@mcpsPandC.asn.au

School banking is now on a Monday morning 8.45am from the banking window at the canteen.

Last day of banking for 2018 will be Monday 17th December.

MUSIC PROGRAM – musicprogram@mcpsPandC.asn.au

It's not too late to enrol in Waratah Band for next year. New Band Enrolments for 2019 are still open. Register now via

www.myschoolband.com.au/enrol

YEARBOOK – yearbook@mcpsPandC.asn.au

Our book is now at the printers getting ready for us to hand out next week. If you are yet to pay your P&C Resource Fee, please do so by the end of this week so your child doesn't miss out on getting a yearbook.

Alison Scott-Branagan, Jenny Dobrincic, Fiona Green, Susan Spencer & Bethany Bell

2018 P&C Executive Team – exec@mcpspandc.asn.au

MINI FETE PHOTOS





Primary
ETHICS

Ethics classes at Mount Colah Public School

Dear Parents and Carers,

Could you be an ethics teacher for Mount Colah Public School?

We are looking to provide more productive ethics classes this year for interested students, so we are seeking volunteers that our classes can continue in a good shape this year.

Ethics teachers receive full training by Primary Ethics, the not-for-profit organisation approved to design curriculum and training for the ethics program. Training consists of a two days' workshop and short online modules. Lesson materials are provided. Suitable volunteers have an interest in children's education and development of critical thinking skills and must be available at Wednesdays 11:30 to 12:30 each week.

In ethics classes, children learn how to think logically, disagree respectfully and support their arguments with evidence, rather than act according to blind habit or peer pressure.

Children discuss topic such as:

- imagining how others feel
- how do we treat living things?
- what is laziness?
- how do we disagree in a respectful way?
- fairness

If you are looking for an opportunity to make a valuable contribution to our school, please visit www.primaryethics.com.au contact the ethics coordinator, Ali Shahnazi mcpsethics@gmail.com

Mount Colah Public School Ethics team

REGISTRATIONS OPEN 6TH JAN 2019



HORNSBY HEIGHTS

NETBALL CLUB

6- 10 yrs \$230

11-17 yrs \$250

18 yrs + \$270

REGO CLOSES

4th FEB 2019



hhncregistrar@gmail.com

*Active Kids Vouchers Welcome *

GIVING BLOOD FEELS GOOD

Every donation can save three lives.

Mobile Blood Service visiting:

Hornsby

William Street Car Park

Monday 17 December	01.30pm – 06.30pm
Tuesday 18 December	01.30pm – 06.30pm
Wednesday 19 December	11.30am – 04.30pm

Drink up! Have 3 or 4 glasses of water or juice in the hours before you dor

Eat! Have a good sized breakfast or lunch

Please bring photo I.D. with you

To make an appointment call **13 14 95**
or visit donateblood.com.au

 Australian Red Cross
BLOOD SERVICE



CODING FOR KIDS

TERM 1, 2019

Y1 - Y7 STUDENTS, Hornsby Library

LEARN TO CODE AND BUILD YOUR OWN ONLINE PROJECTS WITH CODE4FUN

Year 1 to Year 7 students are welcome to join. STEM focused programs – students develop critical thinking and problem solving skills by learning to code.

- **Hornsby Library**
Meeting Room
- **Every Tuesday, 5 Feb – 9 Apr (10 weeks)**
New Beginners Course
Y1 - Y6 Beginners students 4:00 pm – 5:00 pm
- **Every Tuesday, 5 Feb – 9 Apr (10 weeks)**
Advanced Course: Introduction to Java
Y3 - Y7 Continuing students 5:10 pm – 6:10 pm
- **Laptops are provided**
- **\$220 per student per term**

ENROL NOW: WWW.CODE4FUN.COM.AU/HORNSBY

If you have any questions email us at info@code4fun.com.au or call **0452 525 453**.
Check out our website at www.code4fun.com.au for more details about our school.



CHILDREN'S TERM 1, 2019 SCIENCE PROGRAMS

A series of interactive science programs presented by the Children's Discovery Museum.

Children will develop ideas and skills that will inspire further scientific exploration, discovery and learning.

THE JUNIOR SCIENCE CLUB

A four week program aimed for 6 to 8 years young scientists presented by the Children's Discovery Museum.

Participants will be able to learn and explore themes from different branches of science through numerous practical experiments.

SESSION 1: Animal Superheroes

Monday 18 March, 4.30pm-5.30pm

SESSION 2: Changing States

Monday 25 March, 4.30pm-5.30pm

SESSION 3: Six Bricks

Monday 1 April, 4.30pm-5.30pm

SESSION 4: Stop-motion Animation

Monday 8 April, 4.30pm-5.30pm

Location: Hornsby Library
28-44 George Street, Hornsby

Ages: Strictly 6-8 years.
Children 7 and under must be accompanied by an adult.

Cost: \$60 for the 4 week program.

**Book online at hornsby.nsw.gov.au/library
or at any Hornsby Shire Library branch.**



For more information about your local library visit
hornsby.nsw.gov.au/library



RECREATIONAL HOLIDAY GYMNASTICS



Hornsby RSL Youth Club Gymnastics

1 Ashley Lane Hornsby NSW 2077

Phone: 9476 6689

Email: info@hornsbyrslgymnastics.com.au

Website: www.hornsbyrslgymnastics.com.au

**BOOK
NOW**

JANUARY 2019 PROGRAM

Our popular recreational holiday gymnastics program will be running again throughout the January school holidays for all children aged 5 – 12 years (no experience necessary). The days are fun filled, fast moving and include use of all the gymnastics apparatus. Children have the opportunity to learn new gymnastics skills, participate in games, circuits, group activities, mini competitions and much, much more!! Classes are run by fully accredited Gymnastics Coaches, holding Senior First Aid Certificates.

Bookings are essential and must be made via our website.

Class numbers are limited, so hurry and get your friends together so you don't miss out!

PROGRAM DETAILS:

Time:	9am – 3pm each day	
Dates:	Wednesday 9 th January	Theme: Under the Sea
	Friday 11 th January	Theme: Summertime Fun
	Monday 14 th January	Theme: The Detectives
	Wednesday 16 th January	Theme: Wacky Wednesday
	Friday 18 th January	Theme: Fluro Mania
	Monday 21 st January	Theme: Hawaiian Party
	Wednesday 23 rd January	Theme: Super Hero's
	Friday 25 th January	Theme: Australia Day Fun
Cost:	Members Price* = \$45 per day Non Members Price* = \$50 per day * A member is a person who is registered for term time gymnastics classes in 2019	
What to bring:	Morning tea, lunch, water, sunscreen and a hat. No nuts permitted.	
What to wear:	Dress to suit the theme for the day!! Please ensure clothing is suitable for gymnastics or the dress up items can be removed for the activities!!	
Cancellations:	Please note that refunds or credits are not permitted.	

VISIT OUR WEBSITE FOR MORE GREAT HOLIDAY GYM OPPORTUNITES:

- ✓ Tumble, Tricks and Flips sessions (8 Years plus)
- ✓ Advanced Gym Sessions
- ✓ Senior Gym sessions (high school students)

BOOK ONLINE NOW: www.hornsbyrslgymnastics.com.au

Hornsby Ku-ring-gai Basketball Association

Your local not for profit community sports provider

School Holiday Basketball Camps

December 21 & 22

Camps for Boys & Girls in school years 1-2 and 3-4

January 2019 Camps

Monday 14th to Thursday 17th

Boys & Girls school years 1 & 2

Monday 21st to Thursday 24th

Boys & Girls school years 3 to 9

Girls Only Camp (school years 3 to 9)

See our website for more information and to register
www.hornsbyspiders.com.au